

PERSONAL & CONFIDENTIAL

[DATE]

Dear <PATIENT NAME [first name] [last name]>,

About two months ago, the cardiac team at [HOSPITAL NAME] cared for you after you had a heart attack. We know that this can be a difficult and emotional time and hope that you have been recovering well since you came home from hospital.

We previously sent you a booklet that explained some things you can do to help prevent another heart attack. The booklet attached here will show you more about how you can continue on a heart healthy path. **The information in this booklet focuses on rehabilitation and exercise, but we also want to remind you about the importance of your heart pills.**

These booklets were designed by heart doctors, family doctors, and others interested in helping you to prevent another heart attack. They are being sent to you from your hospital and other health care organizations from around the province.

Having cared for you while you were admitted with a heart attack, we care about your future health too. We hope the booklets you will receive **over the next ten months** will help you get back to the activities that you most enjoy.

Sincerely,

[e-SIGNATURE]

[Doctor Name]

Interventional Cardiologist, ISLAND Program Site Lead [change as appropriate]

On behalf of the entire cardiology team at [HOSPITAL NAME]

If you believe you have received this letter in error or if you wish to stop receiving materials like these from our program, please call the program team directly at 905-527-4322 x40371 or toll-free at 1-866-414-7474 (state ISLAND program by name). You may also send an email to the program team via island@phri.ca.