Table 1. Risk Criteria for Non-Adherence to Cardiac Rehabilitation

Criteria	Score
Diagnosis of MI, PCI, Heart Failure, or Stable Angina	
Current Smoker or Quit Less than 3 Months Ago	
Diagnosis of Depression and/or >10 on PHQ9	
Reported levels of work stress, financial stress, or general stress	
Travel Issues Identified	
Schedule Conflicts Recognized	
Lives Alone and/or No Support System	
>75 years of age	
0-2 Low Risk 3-5 Medium Risk 6-8 High Risk	
Each category is weighted equally as 1 point. Total Score: _____	

MI=Myocardial Infarction
PCI= Percutaneous Coronary Intervention
PHQ9= Patient Health Questionnaire