

## CR Mentor Study

### Get Well Soon Card Text

*Written by hand and signed by our navigators. If possible, include a photo of their navigator to remind them who their navigator was / what she looked like. Mail so it arrives one-week after discharge.*

“Dear \_\_\_\_\_ (name),

I hope you are feeling better after your recent stay at Toronto General/ Toronto Western Hospital. I enjoyed speaking with you about cardiac rehab.

I hope the cardiac rehab program has contacted you and told you about any upcoming appointments they offer incoming patients. If you haven't heard yet, you can give the Toronto Western program a call to make sure your referral has been sent at (416) 603-5200.

I look forward to giving you a call on \_\_\_\_\_ (day) at \_\_\_\_\_ (time). Until then, I wish you a quick recovery and good health!”

Sincerely,

\_\_\_\_\_ (name)

Your cardiac rehab mentor”